

# First Aid Kit Essentials

## *Be Prepared for Most Workplace Accidents*

It's important to have a well-stocked first aid kit in your workplace so you'll be prepared for minor accidents and injuries.

The following list sets forth the minimally acceptable type of first-aid supplies for first-aid kits. The contents of the first-aid kit listed should be adequate for most work sites. When larger operations or multiple operations are being conducted at the same location, additional first-aid kits should be provided at the work site or additional quantities of supplies should be included in the first-aid kits:



- Antibiotic ointment
- Stereostrips
- Hydrogen peroxide
- Alcohol wipes
- Ibuprofen/Tylenol
- Ace wraps
- Gauze dressing- different sizes
- Cloth tape
- Band-aids different sizes
- Emergency reflective blanket for exposure
- Disposable gloves
- Scissors/Tweezers
- Cold Pack
- Hydrocortisone ointment
- Sterile eye pads & 1 oz eyewash
- First-aid instructions
- MedCall phone number
- Suggest AED-defibrillator: Suggest at least 1 trained user per shift.

## Essential Care for Your Essential Workforce.

Contact us at 888-379-1277 or email [info@medcalladvisors.com](mailto:info@medcalladvisors.com)